

June 2025

River Grand Highlights

What's inside:

Page 1... A Letter from Jessica

Page 2... Staff Updates

Page 3... Dietary Corner

Page 4... Activity Notes

Page 5... RG Birthdays

Page 6... Monthly Gazette

Page 8... Light Reading

Page 12... Word Search

Page 13... Wellness Info



Hello and Happy JUNE!

SUMMER is here!!! Can you believe it is June already! We are fast approaching the halfway point of 2025!

As we say good-bye to May and welcome June, there are plenty of reasons to celebrate the mid-year from Father's Day, Flag day and soon enough Independence Day! I to I hope you and your loved ones take time to enjoy the beautiful patio areas!

Most locations have wonderful views of the gorgeous Mississippi River!

I encourage you to put on sun screen or a fun floppy hat to protect your skin during your outside activities.

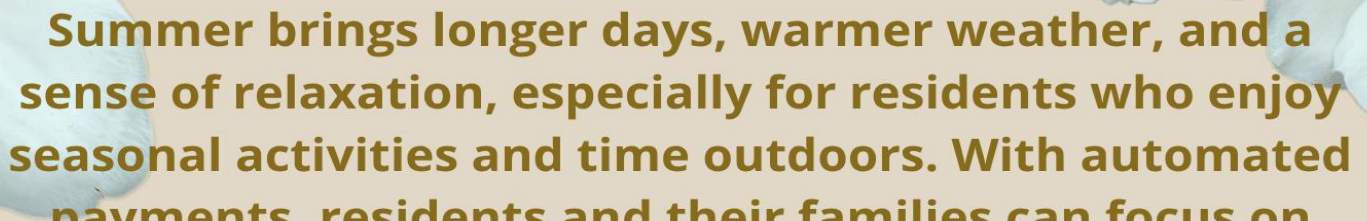
We had a couple wonderful new ladies move in to RG last month, if you see a new face, take a couple minutes to introduce yourself and welcome your new neighbor 😊

You will see some fun new summer activities on the event calendars. Be sure to check it out! Wishing you another safe and healthy month.

Sincerely,

Jessica



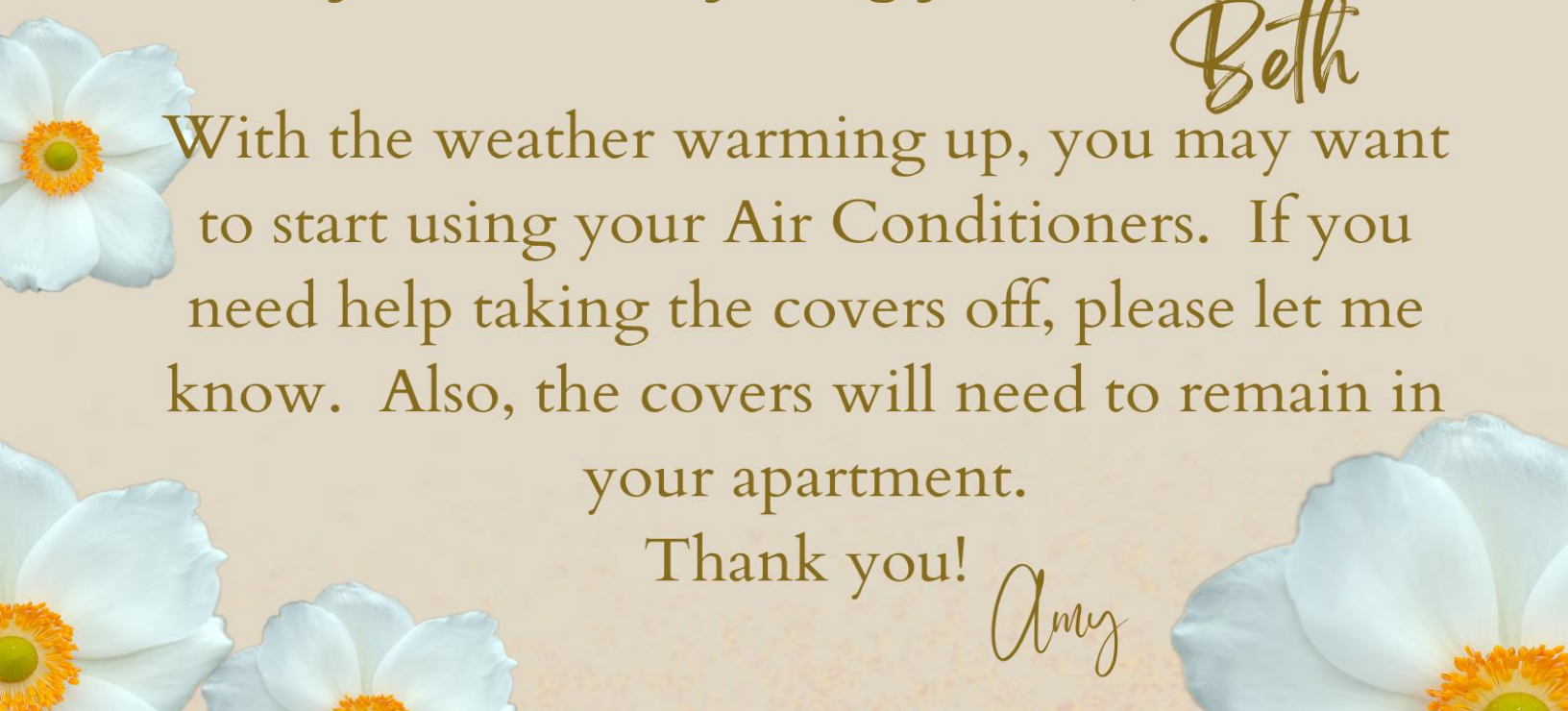


Summer brings longer days, warmer weather, and a sense of relaxation, especially for residents who enjoy seasonal activities and time outdoors. With automated payments, residents and their families can focus on making the most of the summer—whether it's enjoying fresh air, social events, or simply embracing the sunshine—without worrying about financial logistics. The reliability of these transactions offers peace of mind, allowing more time to appreciate the season's simple pleasures.

Brandi

Please help us congratulate Celeste Kelsch as River Grand's Best Employee of the Month! You are most likely to see Celeste in our Assisted Living community, and are guaranteed to be greeted with a smile! Thank you for everything you do, Celeste!

Beth



With the weather warming up, you may want to start using your Air Conditioners. If you need help taking the covers off, please let me know. Also, the covers will need to remain in your apartment.

Thank you!

Amy



Dietary Corner

Wow!!! June already? You know what they say "Time flies when you're having fun!" That's what we want you all experiencing this summer are some fun times along with some good food! I am hoping you will all enjoy some of our new Spring/Summer Menu Items and are thinking about any recipe's you'd like to see added.

Dates to remember

Our June Culinary meeting will be Monday, June 9th. I value each of your opinions, your input is so important. Hope to see you there!

June 10th is our fine dining evening!

June 12th is our father's Day Luncheon and Ice cream social

Father's Day is June 15th

What's new in the Kitchen!

We are working on a better system to serve you and your guests! When you would like to reserve the Private Dining room, please stop by or call the kitchen. We will be handling all these reservations and we are asking for a 24 hour notice to ensure we have everything we need! Any of the Kitchen staff will be able to assist you with a reservation.

What Produce is in-season in June!!

- Strawberries, Blueberries, Cherries
 - Peaches, Mango, Rhubarb
 - Peas, Beets, Summer Squash
- Cucumbers, Green beans, Asparagus
 - Tomatoes, Avocado, Radishes
 - Melons, Raspberries, Zucchini



Angie



JUNE ACTIVITIES

This month brings so much fun! Keep an eye on the Calendars and Reminders for events!

We are adding Refreshers on the Patio and crafting to Mondays with Ali!

June brings our next Fine Dining Event! In honor of our local celebrity's birthday: Judy Garland on June 10th, our theme will be Over the Rainbow. Sign up will be out next week.

Father's Day celebration will kick off the Thursday before with an Ice Cream Social and music provided by the Jammers!

We are having a SUMMER SOCIAL to kick off the seasons change. Come join us for games, water and FUN!!!

Liz



RIVER GRAND
BIRTHDAYS

Emmy : 6/6

Maynard: 6/26

Eloise : 6/27

Jim W.: 6/27

Sarah: 6/28

