

June 2026

# River Grand Highlights

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Dear Residents, Families, and Friends,  
Happy June! Summer is finally making its grand entrance, bringing warmer sunshine, blooming flowers, green lawns, and many opportunities to enjoy the beauty around us. June is a wonderful reminder to slow down, appreciate the little things, and spend time with the people who make life meaningful.

This month, we look forward to more time outdoors, relaxing walks, fresh air, gardening, and enjoying the sights and sounds of the season together. The longer days often bring renewed energy, cheerful spirits, and opportunities to create new memories with friends and neighbors.

June is also a time to celebrate connection and community.

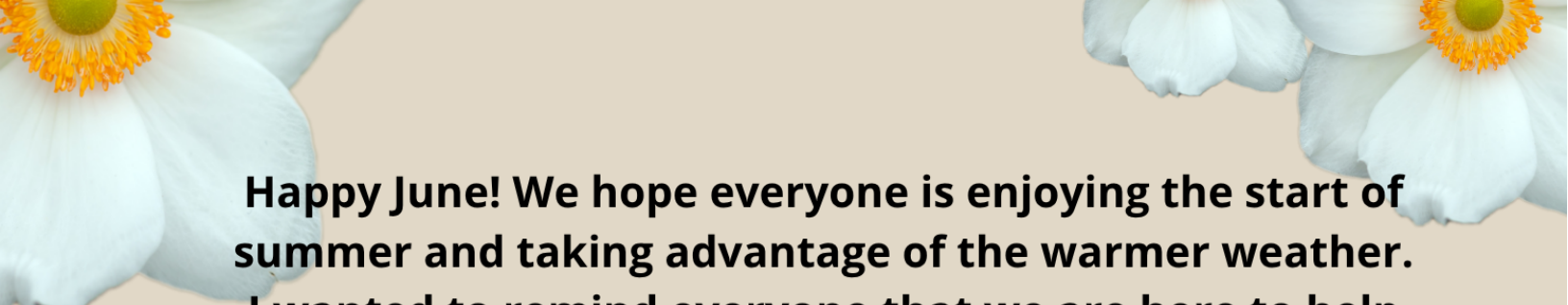
Whether sharing stories over coffee, attending activities, enjoying family visits, or simply sitting outside soaking up the sunshine, these moments help make our community feel like home.

We are excited for all the fun activities, special events, and summer surprises planned throughout the month. Be sure to watch the activity calendar and join us whenever you can — there is something for everyone to enjoy!

Thank you to our wonderful residents, families, and staff for continuing to make our community such a warm and caring place. We wish everyone a joyful, safe, and sunshine-filled June!

Sincerely,  
*Jessica*





**Happy June! We hope everyone is enjoying the start of summer and taking advantage of the warmer weather. I wanted to remind everyone that we are here to help if you have any questions or need clarification regarding your account or statement balance. Please don't hesitate to reach out as I would be happy to assist you.**

**Thank you, and we hope you have a wonderful month ahead!**

*Brandi*

Congratulations!

Tehya Carter, River Grand's Best Employee of the Month! Tehya joined our Dietary Team and has become a perfect fit for our community! We want to thank her for continuing to show her commitment and dedication to our team and Assisted Living Community! Thank you, Tehya!

*Beth*

Wellness Clinic with Jessica Wolf

Join us for this month's Wellness Clinic hosted by Jessica Wolf! This is a wonderful opportunity to gather together for an open Q&A discussion on any topics, questions, or concerns you may have. We encourage all residents to attend and enjoy this relaxed and supportive time together.

Mark your calendars for Wednesday, June 10th at 10:15 AM

Located in the Activities Area

We look forward to seeing you there!

*Leah*



A decorative border of pink rose petals frames the top and bottom of the page. The petals are in various stages of bloom, with some showing the center and others just the outer layers.

# Dietary Corner

Wow!!! June already? You know what they say "Time flies when you're having fun!" That's what we want you all experiencing this summer are some fun times along with some good food! I am hoping you will all enjoy some of our new Spring/Summer Menu Items and are thinking about any recipe's you'd like to see added.

## Dates to remember

Our June Culinary meeting will be Monday, June 8h. I value each of your opinions, your input is so important. Hope to see you there!

June 18th is our Father's Day Luncheon and Ice cream social  
Father's Day is June 21st

## What's new in the Kitchen!

We are working on a better system to serve you and your guests! When you would like to reserve the Private Dining room, please stop by or call the kitchen. We are asking for a 24 hour notice to ensure we have everything we need! Any of the Kitchen staff will be able to assist you with a reservation.

## What Produce is in-season in June!!

- Strawberries, Blueberries, Cherries
  - Peaches, Mango, Rhubarb
  - Peas, Beets, Summer Squash
- Cucumbers, Green beans, Asparagus
  - Tomatoes, Avocado, Radishes
  - Melons, Raspberries, Zucchini

Angie



## JUNE ACTIVITIES

This month brings so much fun! Keep an eye on the Calendars and Weekly Reminders for events!

I am so excited to be adding transportation to the Summer Concert Series performances on Tuesdays through June! We will be leaving promptly after Fit & Feisty to go to local churches in the area for Music. The concerts are free, however if you plan to stay for the lunch following there is a cost. There is also a week when I will be gone, and I will set up transportation for you through Arrowhead. If you plan to attend on June 16<sup>th</sup>, please connect with me prior.

There will be NO MEDICAL TRANSPORTATION on June 17<sup>th</sup>, connect with the front office if you need help setting up a ride through another entity that day.

Our Father's Day Ice Cream Social will be held on June 18<sup>th</sup> right after a special burger basket luncheon.

*Liz*



RIVER GRAND  
BIRTHDAYS

*Emmy : 6/6*

*Ray: 6/6*

*Ida: 6/24*

*Rene: 6/24*

*Elaine: 6/25*

*Maynard: 6/26*

*Jim: 6/27*



*Sarah: 6/28*





Exciting things are blooming at  
River Grand!

We're kicking off a major landscaping project and partnering with Bloomers, our local garden center and landscaping team, to brighten up the grounds and create an even more beautiful view for everyone to enjoy.



Starting this summer, you'll notice the demo crew hard at work removing rocks, shrubs, and debris as the transformation begins. It may look a little busy at first—but that's all part of making something beautiful!

Be sure to keep an eye outside and watch the progress over the weeks as your refreshed outdoor space comes to life. We can't wait for everyone to see the finished results!



Amy