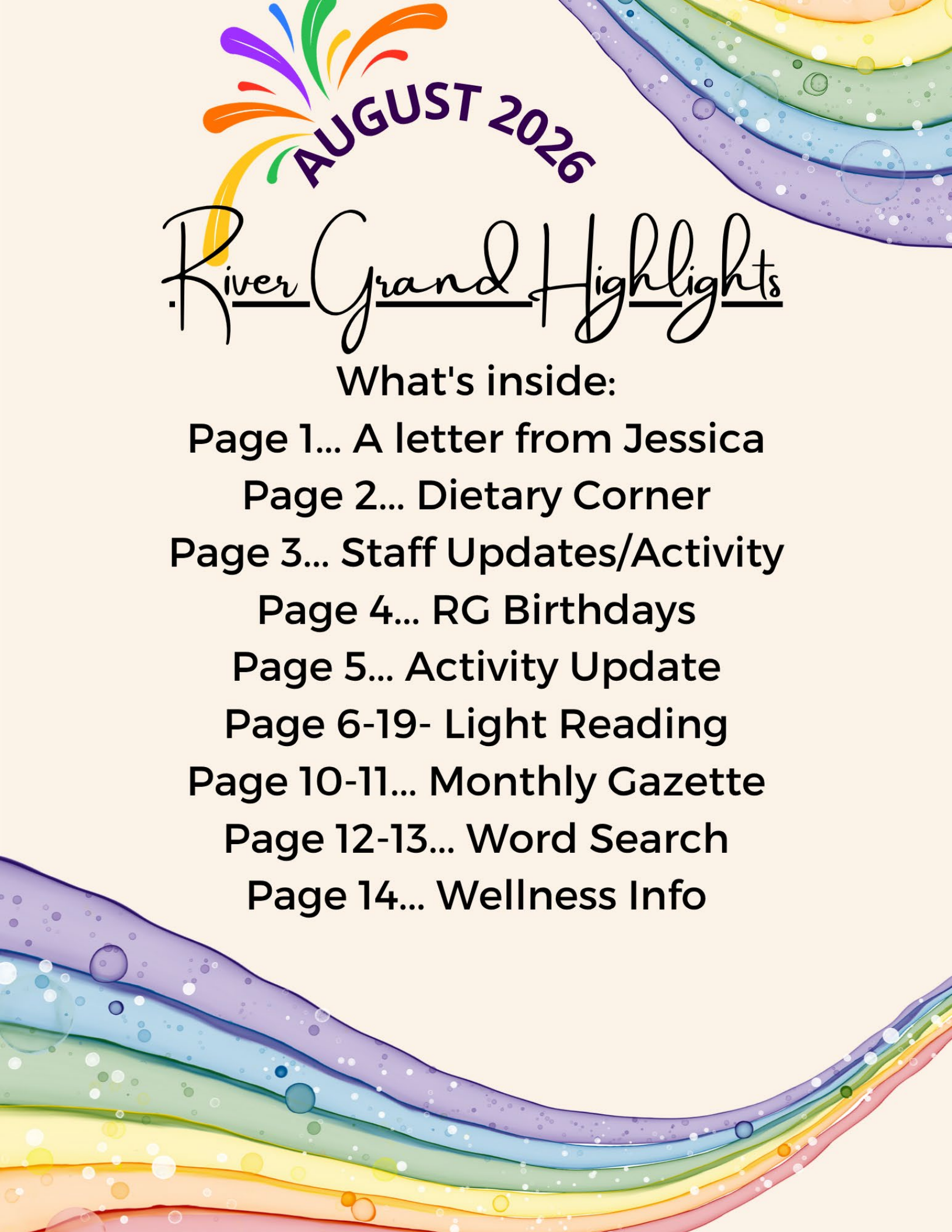




AUGUST 2026

River Grand Highlights

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Your Voice Matters – Thank You for Your Feedback!

The resident and family survey results are in, and I want to sincerely thank everyone who took the time to participate. Your feedback is incredibly valuable and helps me recognize the many things River Grand is doing well, while also identifying opportunities where we can continue to improve. With 74 residents, each with unique wants, needs, and preferences, it can be challenging to meet everyone's expectations all the time. However, please know that our team is working diligently each day to provide a variety of engaging activities, quality services, and enjoyable meal options to meet the diverse needs of our community.

One area that stood out in this year's survey was dining times, meal availability, and snack options. I'd like to share a few reminders that may be helpful:

- The dining room is open daily from 7:00 a.m. to 7:00 p.m.
- During those hours, residents are welcome to order from the Anytime Menu whenever they'd like.
- Our daily specials are typically served at 8:00 a.m., 12:00 p.m., and 5:00 p.m. and are available while supplies last to ensure meals are served fresh and at the proper temperature.
- Afternoon snacks are available each day at 2:00 p.m. in the main dining room under the television.

If the afternoon snack has already been enjoyed by others, please don't hesitate to ask one of our friendly dietary team members about other snack options that are available. We're always happy to help!

Thank you again for your honest feedback and for making River Grand your home. Your thoughts and suggestions help us grow, and we remain committed to providing the best possible experience for every resident and family.

With deepest appreciation,

Jessica

DIETARY CORNER

Hello and happy August!

August is the last month of summer in the northern half of the world, known as the “dog days of summer.”

August is named after the first Roman Emperor, Augustus Caesar. August’s birth flower is the poppy!!

I’m having a hard time believing it’s already the end of summer!

Please don’t forget that if you would like to reserve the Private dining room or plan on having guests at meal time give our kitchen a heads up! We are asking for a minimum of 24 hours for private dining but guests are welcome anytime!!

Dates to remember

Our August Culinary meeting will be Monday, August 10th.

I value each of your opinions, your input is so important.

Hope to see you there!

In-season Produce for August

- Apples, Avocadoes, Carrots, Cauliflower, Celery, Bananas, Beets, Bell Peppers, Blackberries, Blueberries
- Cherries, Corn, Eggplant, Green Beans
- Grapes, Leeks, Lemons/Limes, Mango, Melons
- Mushrooms, Okra, Papaya, Pears, Potatoes
- Raspberries, Strawberries, Summer Squash
- Sweet Onions, Tomatoes, Zucchini

Kitchen hours:

Do you all know that the kitchen is open and able to serve you a meal from 7a.m to 7p.m! Depending on the time you will be able to either get the days special or order anything from our any-time menu! For example, if you are out at an appointment and miss our lunch hour and return around 2, you can come to the kitchen window and order a burger or tuna melt or whatever you like from the any-time menu so it will be fresh and hot. Please take us up on this anytime you need

My assistant, Dan, will be returning to work. He will be available Tuesdays, Wednesdays and Thursdays to assist with building needs. Please help welcome him back!

Amy

Happy August!

As we enjoy the final weeks of summer here in Minnesota, we're making the most of the warm weather with outdoor activities, visits with family and friends, and plenty of opportunities to create meaningful memories together. Our team remains dedicated to providing a safe, comfortable, and engaging environment for every resident. Thank you to our residents, families, and staff for making our community such a special place. Your kindness, support, and teamwork help create a welcoming home for all. We look forward to another wonderful month together!

Brandi

CONGRATULATIONS, Molly Rowe, River Grand's best employee of the month! Molly joined our Nursing team this past Fall and has been a great addition to our wonderful team!

Keep in mind that we have a "Staff Shout Out" box in the library if you would like to leave a positive note for any of our team members! Your kind words of encouragement are always cherished by our staff.

Beth

The background of the entire image is a repeating pattern of lemons and lemon slices. Some lemons are whole with green leaves, while others are sliced into wedges, showing the internal segments. The pattern is distributed across the entire frame, surrounding a central green rectangle.

River Grand

August Birthdays

River Grand- 8/7

Ed- 8/9

Marilyn- 8/22



Activity Update

August Activities are sure to be FUN!!!

Thank you for all who attended the Activity Meeting last month, and gave suggestions of events YOU would like to see happen at River Grand! Your input is so important to the programming here. Watch for changes on the calendar!

This month, the Itasca County Fair is in town and I will be providing transportation to and from on the designated day.

The Area Wide Senior Picnic is set for August 13th as well! It will be held at Gunn Park, and include music, bingo and food! Let me know if you plan to attend.

Also, join us for SUMMER CAMP WEEK activities in August! I would love to hear about your own summer camping experiences!

See you soon,
Liz

