

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
River Grand Senior Living		1 9:30- Strength Class (GR) 11:00- Fit & Feisty (A) 1:00- Farmer's Market (GR) 2:00- BINGO (D) 3:00- Sip & Chat (D) 4:00- Daily Bread (MR)	2 9:15- Men's Social (GR) 10:30- Church (GR) 11:00- Fit & Feisty (A) 1:00- Resident Council (A) 3:30- Family Council 4:00- Daily Bread (MR)	3 9:00- Strength Class (GR) 9:30- Manicures (A) 11:00- Fit & Feisty (A) 2:00- Music: Bonnie & Ken(GR) 4:00- Daily Bread (MR)	4 8:30- Early Morning Yoga (GR) 9:00- Ladies' Social (GR) 10:15- Catholic Service (GR) 11:00- Fit & Feisty (A) 1:30- BINGO (D) 4:00- Daily Bread (MR)	5 9:00- Take & Make Craft (A) 10:00- Board Games (A) 1:30- Card Games (A) 2:30- Puzzle Time (A) 6:00- 500 Club (D)
6 9:30- Sip & Chat (D) 11:00- Take & Make Craft (A) 1:30- Baptist Service (GR/A) 3:30- Puzzle Time (A)	7 10:00- Morning Yoga (GR) 11:00- Fit & Feisty (A) 1:00- Activity Meeting (A) 2:00- Warm Up Cart 4:00- Daily Bread (MR) Labor Day	8 9:30- Strength Class (GR) 11:00- Fit & Feisty (A) 2:00- BINGO (D) 3:00- Sip & Chat (D) 4:00- Daily Bread (MR)	9 9:15- Men's Social (GR) 10:30- Church (GR) 11:00- Fit & Feisty (A) 1:00- Shopping Outing 1:30- Horses @River Grand! 2:00- Grace Bible Communion (GR) 4:00- Daily Bread (MR)	10 9:00- Strength Class (GR) 9:30- Manicures (A) 11:00- Fit & Feisty (A) 1:30- BINGO (D) 4:00- Daily Bread (MR)	11 8:30- Early Morning Yoga (GR) 9:00- Ladies' Social (GR) 10:15- Catholic Service (GR) 11:00- RL Fit & Feisty (A) 1:00- Music with Brad (A) 4:00- Daily Bread (MR)	12 9:00- Take & Make Craft (A) 10:00- Board Games (A) 1:30- Card Games (A) 2:30- Puzzle Time (A) 6:00- 500 Club (D)
13 9:30- Sip & Chat (D) 11:00- Take & Make Craft (A) 1:30- Music Practice (GR/A) 3:30- Puzzle Time (A) Grandparents Day	14 10:00- Morning Yoga (GR) 11:00- Fit & Feisty (A) 1:00- Shining Moment: Show & Tell (A) 2:00- Culinary Meeting (A) 4:00- Daily Bread (MR) National Assited Living Week	15 9:30- Strength Class (GR) 10:15- Wellness Clinic 11:00- Fit & Feisty (A) 1:00- RG Community Art Project (A) 2:00- BINGO (D) 3:00- Sip & Chat (D) 4:00- Daily Bread (MR) National Assited Living Week	16 9:15- Men's Social (GR) 10:30- Church (GR) 11:00- Fit & Feisty (A) 1:00- Shopping Outing 1:30- Kona Ice 2:30- Remember When (A) 4:00- Daily Bread (MR) National Assited Living Week	17 9:00- Strength Class (GR) 9:30- Manicures (A) 11:00- Fit & Feisty (A) 1:00- Momen't's Dirty Soda(A) 2:00- BINGO (D) 4:00- Daily Bread (MR) National Assited Living Week	18 8:30- Early Morning Yoga (GR) 9:00- Ladies' Social (GR) 10:15- Catholic Service (GR) 11:00- Fit & Feisty (A) 1:30- RG Words of Wisdom (GR) 4:00- Daily Bread (MR) National Assited Living Week	19 9:00- Take & Make Craft (A) 10:00- Board Games (A) 1:30- Card Games (A) 2:30- Puzzle Time (A) 6:00- 500 Club (D) Oktoberfest Begins
20 9:30- Sip & Chat (D) 11:00- Take & Make Craft (A) 1:30- Baptist Service (GR/A) 3:30- Puzzle Time (A)	21 10:00- Morning Yoga (GR) 11:00- Fit & Feisty (A) 1:00- Painting (A) 2:00- Warm Up Cart 4:00- Daily Bread (MR)	22 9:30- Strength Class (MR) 11:00- Fit & Feisty (A) 2:00- BINGO (D) 3:00- Sip & Chat (D) 4:00- Daily Bread (MR) 5:00- Fine Dining: London Autumn Begins	23 9:15- Men's Social (GR) 10:30- Church (GR) 11:00- Fit & Feisty (A) 1:00- Shopping Outing 4:00- Daily Bread (MR)	24 9:00- Strength Class (GR) 9:30- Manicures (A) 11:00- Fit & Feisty (A) 1:30- Birthday Party!!! (GR) 4:00- Daily Bread (MR)	25 8:30- Early Morning Yoga (GR) 9:00- Ladies' Social (GR) 10:15- Catholic Service (GR) 11:00- Fit & Feisty (A) 1:30- Fall Drive 4:00- Daily Bread (MR)	26 9:00- Take & Make Craft (A) 10:00- Board Games (A) 1:30- Card Games (A) 2:30- Puzzle Time (A) 6:00- 500 Club (D)
27 9:30- Sip & Chat (D) 11:00- Take & Make Craft (A) 1:30- Music w/ AI & Friends 3:30- Puzzle Time (A)	28 10:00- Morning Yoga (GR) 11:00- Fit & Feisty (A) 1:00- Painting (A) 2:00- Warm Up Cart 4:00- Daily Bread (MR)	29 9:30- Strength Class (GR) 11:00- Fit & Feisty (A) 1:00- Farmer's Market (GR) 2:00- BINGO (D) 3:00- Sip & Chat (D) 4:00- Daily Bread (MR)	30 9:15- Men's Social (GR) 10:30- Church (GR) 11:00- Fit & Feisty (A) 1:00- Shopping Outing 4:00- Daily Bread (MR)	September 2026		
Scheduled Activities are subject to change. D: Dining Room (2nd Floor) A: Activity Area (2nd Floor) GR: Great Room (1st Floor) MR: Meeting Room (2nd Floor) RL- Resident Led						

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