

September 2026

River Grand Highlights

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Hello & Happy September!

Did you know that River Grand celebrated its 19th birthday in August? For nearly two decades, River Grand has been proudly providing housing, services, and a place to call home for members of the Grand Rapids community. What an incredible milestone!

But more importantly, I want to celebrate YOU! River Grand is so much more than a building—it is a community made special by the wonderful people who live here. Each of you brings your own stories, personalities, experiences, laughter, and friendships that make River Grand the unique and welcoming community it is today.

I am incredibly grateful to be part of this amazing community you call home. It is truly a privilege to get to know you, share in your lives, celebrate the good days, and be here through the challenges. I genuinely enjoy the relationships I have built with so many of you, and I look forward to continuing to make River Grand a place where everyone feels valued, supported, and at home.

Thank you for being YOU and for making River Grand such a wonderful place to call home. Here's to 19 years—and many more wonderful years ahead!

With gratitude,

Jessica





Dietary Corner

Hi there and Welcome to the start of Fall! It's crazy to think September is already here. I hope you all have had the chance to enjoy some of our summer menu and enjoy some of the fresh produce that the summer months bring with it.

Angie

Dates to Remember:

It saddens me to say that we will be switching over to our Fall/Winter menu cycle in the near future, before produce gets too out of season. Please see me with any new recipes or ideas.

Our September culinary meeting will be Monday, September 14th. The culinary meeting will be at 2:00 in the activities space. I value each of your opinions, your input is so important. Hope to see you there!

In-season Produce for September:

- Apples, Pears, Grapes, Peaches
- Raspberries, Blueberries, Blackberries
- Plums, Nectarine, Cranberries, Mango
- Eggplant, Tomatoes, Broccoli
- Cauliflower, Carrots, Cucumbers
- Cabbage, Corn, Pumpkin
- Potato, Kale, Green beans

Big Shout -Out to RENE!!!!!!

We would like to recognize Rene for all of her hard work and dedication to River Grand! On August 30th we celebrated Rene's 16 years of commitment to employment here. Way to go Miss Rene!! Rene brings with her a huge heart and love for all and many, valuable kitchen skills. Rene is an excellent cook, co-worker and friend . Thank you for all you do we are lucky to have you on our team!

Congratulations to our Best employee of the month, Melody Peyton! Mel will be celebrating her 5th anniversary with River Grand in October! We are so grateful to have such an experienced care specialist committed to our Assisted Living community! Thank you, Mel!

Beth

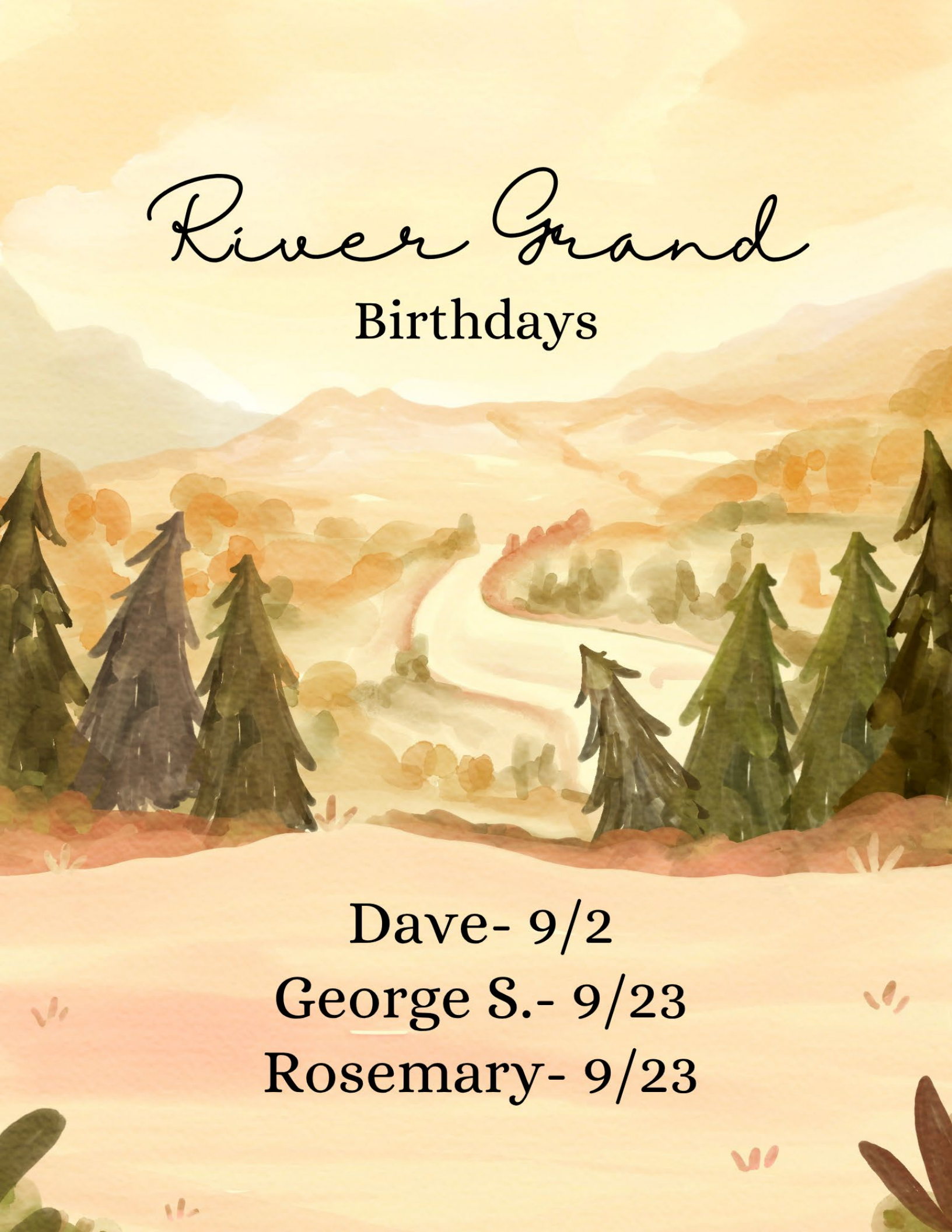
As summer winds down, my focus shifts to getting ready for colder weather. If you would like help with your air conditioner cover, please let me know. I'm looking forward all the things fall bring.

Amy

We know that caring for a loved one comes with questions—especially when it comes to billing, statements, services, or anything else that may be unclear. Please don't hesitate to reach out to me if you ever have a question, concern, or simply need help understanding something. I am always happy to sit down with residents and families, answer questions, and help find a solution whenever I can.

My goal is to make sure our residents, and their families feel comfortable, informed, and supported—not just during the fall season, but all year long. 🍁

Brandi

A watercolor illustration of a landscape. In the background, there are soft, hazy mountains in shades of orange and yellow. A winding river flows through the center of the scene. On either side of the river, there are several evergreen trees in various shades of green and brown. The foreground is a light, sandy-colored area with some small, stylized plants.

River Grand Birthdays

Dave- 9/2

George S.- 9/23

Rosemary- 9/23

Activity Notes

September brings National Assisted Living Week! I have planned socials and special activities for that week! Please come check it out. Along with NALW, I have assigned dress up days. I will be looking for our best dressed residents each day to hand out prizes.

MONDAY: Pajama Day!

TUESDAY: Sports Day!

WEDNESDAY: Hat Day!

THURSDAY: Decade Day!

FRIDAY: RG Spirit Day! Blues, Yellows, Greens

We added some activities in honor of NALW that we hope you get involved in. Here is a list of them and a brief summary to spark your interest.

Shining Moment Show & Tell: Bring one item to share with us. Something meaningful to your life and legacy.

RG Community Art Project: Color/Design a Poipsicle stick, and we will combine them all together into a beautiful work of art. Showcasing how we are better together.

Remember When: We would like to snap a photo of you to compile into a slideshow. This photo will be of you holding a photo of you in a younger state. It could be as a child or your wedding day, but we will gather together to view.

RG Words of Wisdom: We would again like to take a photo of you with your words of wisdom to your younger self. What advice would you give your youngers self if you could sit with him/her today? Then we will gather together to view.

Liz